

Schüssler Express

#147



SCHÜSSLER-SALTS: A FIRST-AID KIT FOR ANIMALS

GENTLE MEDICINE FOR KITTY & CO

Anyone who has a pet knows the feeling: When your four-legged companion isn't feeling well, you suffer along with them. After all, cats, dogs, etc., can't tell you exactly what the problem is or how much something hurts. Since professionals are best equipped to assess symptoms of illness or wounds, a visit to the veterinarian should go without saying. Once a diagnosis has been made, treatment can be effectively supported with naturopathic measures. Animal naturopath Nadine Maier explains how she uses Dr. Schüssler's mineral salts in this process.

Particularly clingy, very withdrawn, or perhaps unusually aggressive – animals show through their behaviour when something is wrong with them. “It doesn't matter whether you're dealing with a horse or a bunny. With attention and keen observation, owners quickly notice when an animal is unwell,” says Nadine Maier. “With lameness, constant scratching, coughing, or diarrhoea, it's usually easy to recognize on your own that action is needed. But with nonspecific symptoms - for instance when an animal seems apathetic or isn't eating – you should definitely not take any chances and seek help.”

Veterinarians and alternative animal health practitioners can identify the causes using a wide range of diagnostic tools and have the appropriate treatment plan for inflammation, allergies, and internal or external injuries. Nadine Maier, whose patients include pets—primarily horses, dogs, and cats—always takes the pet's diet into account when recommending treatments.

“If the diet isn't optimally balanced with the specific proteins, vitamins, and minerals needed, this can lead, for example, to acidosis and cause problems with the kidneys, bladder, or skin.”

However, for some common ailments, pet owners can also help their pets. For example, with a cold pack for bruises or insect bites. Or with Schüssler salts. “To relieve inflammation or pain, for example, three Schüssler salts in particular are very useful to have in your home medicine cabinet,” says Nadine Maier.

Schüssler-Salt **No. 3 Ferrum phosphate 12X**, is considered a “first responder” in therapy: It mobilizes the immune system and, as an acute remedy, helps contain emerging infections and inflammations—whether it's a cold or diarrhea, a torn claw, or inflammatory issues in the hock joint. “I recently gave Salt No. 3 to a dog with gum inflammation. The redness and swelling in its mouth had subsided significantly after just one day,” says Nadine Maier. To ensure the remedy takes effect quickly and thoroughly, you can give 1 tablet hourly (up to 6 times a day) in acute cases until the symptoms subside or you see a veterinarian.

The therapist recommends Schüssler-Salt **No. 5 Potassium phosphate 6X**, as a nerve remedy: “It calms and strengthens an animal that is in shock, for example, following an injury.” Nadine Maier has had good results with Salt No. 5 for anxious or frightened animals or in stressful situations. “When a dog is placed in a boarding facility or adopted into a new family, I've

Disclaimer – Every effort has been taken to ensure that the information provided complies with current Institute practices and knowledge at the time of going to press but should not be considered as a replacement for competent medical advice. The reader retains responsibility for whatever actions they may or may not take. The author and publisher do not assume liability for possible damage or injury resulting from the practical advice offered in the publication.

The Institute of Biochemic Medicine (Asia Pacific) is a branch of the German Association of Biochemistry, founded at Oldenburg (Germany) in 1885

www.biochemic-remedies.com.au

www.biochemie-online.net

© Copyright



Schüssler Express

#147



had very good results with Potassium phosphate.”

Schüssler-Salt **No. 7 Magnesium phosphate 6X**, is the remedy for pain in Dr. Schüssler's mineral salt therapy. “It's effective for muscle tension and cramps, which often occur in older animals, during a change in weather, or when a dog has been playing in the water a lot,” says Nadine Maier. Salt No. 7 is also helpful for colic and gastrointestinal problems, such as after a change in diet.

Sucking is not possible – This is how the Salts are administered

Ideally, the mineral salts should come into direct contact with the oral mucosa, just as they do in humans. “Because the tablets are made with lactose and have a slightly sweet taste, animal patients usually eat them right out of your hand without any trouble,” says Nadine Maier. But that's not always the case. Therefore, the most proven method is to dissolve the dose in a little water, draw it up into a disposable syringe, and administer it directly into the mouth or muzzle. If a pet absolutely refuses to take it this way, you can outsmart them: mix the tablets with a treat and feed them that way. Nadine Maier recommends the following dosage: Large dogs receive 2 tablets; medium and small dogs, as well as cats, receive 1 tablet; and small rodents receive 0.5 tablets.

German Association of Biochemistry
Nadine Maier



LAMINITIS

Laminitis is an inflammation of the layers in the hoof caused by over-stressing, incorrect feeding or by the toxins of a retained afterbirth.

An excess of proteins used to be thought of as the sole cause, but we know now that an overload of carbohydrates from grain or grass is mainly to blame. Intoxication bad shoeing or a foot abscess can start off laminitis too.

A disturbed acid-base metabolism plays a significant role in the development of founders, the sinking of the pedal bone, and thus to permanent damage to the foot.

It makes sense to administer five tablespoons of No. **No. 23 Natrium bicarbonate 6X** in the feed in the early phase of laminitis. Then, after a week change to **No. 9 Sodium phosphate 6X**, the obligatory anti-inflammatory remedy **No. 3 Ferrum phosphate 12X**, and **No. 11 Silica 12X** the salt for the connective tissue.

However, nothing will work without a drastically reduced diet and good shoeing!

German Association of Biochemistry
Hans-Heinrich Jorgensen†

Reference: *Schuessler Tissue Salts for Horses – Healthy and fit with minerals – how to use the 12 salts effectively – Hans-Heinrich Jorgensen* ISBN 978-3-86127-926-6

The Clinical Science of Biochemic Therapy Dr W.H. Schüssler

13th – 16th August 2026 Warragul VIC
17th – 20th September 2026 Applecross WA

The Institute of Biochemic Medicine (Asia – Pacific)
admin@biochemic-remedies.com.au
www.biochemic-remedies.com.au

Disclaimer – Every effort has been taken to ensure that the information provided complies with current Institute practices and knowledge at the time of going to press but should not be considered as a replacement for competent medical advice. The reader retains responsibility for whatever actions they may or may not take. The author and publisher do not assume liability for possible damage or injury resulting from the practical advice offered in the publication.

The Institute of Biochemic Medicine (Asia Pacific) is a branch of the German Association of Biochemistry, founded at Oldenburg (Germany) in 1885

www.biochemic-remedies.com.au
www.biochemie-online.net

© Copyright

