

Schüssler Express

#118



NOTHING WORKS WITHOUT THEM...

MINERALS CONTROL MANY BODILY FUNCTIONS

*Foods, preservatives, currency – and means of protesting: Formerly, **salt** was so expensive and valuable that it was offset against gold. The word salary is also connected somehow to salt – together with their salary, Roman soldiers also received a ration of salt, the “salarium”. And in his fight for peace, Ghandi called upon his fellow countrymen to a peaceful protest in order to achieve independence from the British salt tax and gain access to the valuable resource salt.*

Nowadays, everyone has access to sufficient table salt – the name of the most common salt. Salts are still valuable for our body. Because without the “Salts of Life” the organism wouldn’t function.

Certain mineral salts are particularly important for human beings. They fulfill a multitude of functions in our body and for instance, stimulate digestion, detoxification, gastric acid production, salivary flow, heartbeat, and much more.

Purposefully activate the Mineral Metabolism with Schüssler-Salts

A lack of minerals in the organism can cause multiple problems. This actually happens quite often, as minerals in the body are spent rather quickly depending on activity. An example that everybody knows: A deficit of magnesium, for instance after intense sweating while exercising or in the sauna, increasingly causes muscle cramps. Thus, many athletes take magnesium after a training session. However, when the cell metabolism is imbalanced, the organism is unable to correctly absorb

the missing minerals via nutrition or process in the body – the problems remain.

Dr med Wilhelm Heinrich Schüssler discovered that mineral salts, homoeopathically potentised, can assist in those situations. Schüssler-Salts act like a “door opener”, thanks to which the cells are again able to absorb and utilise mineral substances. Therefore, they do not top up a deficit, instead they give the cell metabolism corrective impulses. This strengthens the self-healing powers of the organism.

12 Salts for a Multitude of Ailments

According to Dr Schüssler, there are twelve mineral salts that are essential for various areas and functions in the body. These remedies, called “Schüssler-Salts”, have been used for over 150 years with great success for many problems and disorders. But how does one recognise which mineral/s are deficient?

There are typical problems that indicate the lack of a certain mineral in the body. For instance, recurring infections are indication of a No. 3 Ferrum phosphate deficiency; and in case of extremely dry skin No. 8 Sodium chloride is often lacking. Certain facial signs are also indicative of a lack of certain mineral salts – paleness for example is an indicator for No. 2 Calcium phosphate, an unnatural redness of cheeks for No. 7 Magnesium phosphate, and dark shadows on the eyes indicates a No. 3 Ferrum phosphate deficiency.

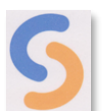
Both acute and chronic problems can easily and successfully be treated with the help of Schüssler-Salts.

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The Institute of Biochemic Medicine (Asia Pacific) is a branch of the German Association of Biochemistry, founded at Oldenburg (Germany) in 1885

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Active Health Care

Schüssler-Salts are a valuable complement of every home medicine chest. They have a gentle effect, are well tolerated at all ages and in all situations and support self-regulation of the organism. Many practitioners (in Europe including doctors and chemists) rely on the Schüssler-Salts therapy, also in the treatment of complex and stubborn ailments.

Schüssler-Salts, which can also be used in combination with other medications and therapies without problem, can be applied after professional assessment and advice.

German Association of Biochemistry

The Clinical Science of Biochemic Therapy

– according to Dr W.H. Schüssler –

4-Day Seminars 2024

2nd – 5th May 2024 – Ashgrove (QLD)
14th – 17th June 2024 – Warragul (VIC)
10th – 13th October 2024 – Perth (WA)
and possibly
17th – 20th October 2024 – Perth (WA)

Seminar Fee – A\$900

Early-Bird-Special – A\$810

For more information and registration:

www.biochemic-remedies.com.au/seminars/
admin@biochemic-remedies.com.au

CASE FROM THE PRACTICE

Joe's Story

Suffering long term sinus problems Joe tried every remedy he could research and find.

Antibiotics in the beginning of the diagnosis over 12 months ago made no change at all.

Joe used castor oil presses, hydrogen peroxide and a few other nasal rinses and gained very little relief from cleaning nasal passages almost every day. It would clear for a few hours only.

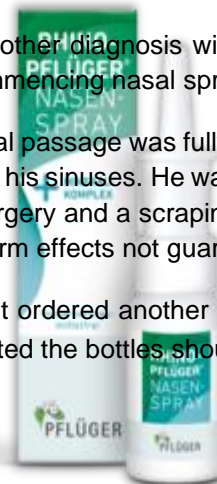
Sleep was very interrupted, and he was always tired as nasal passages would be completely blocked every night and pressure headaches were causing Joe to feel very depressed and unable to function through the day.

On using the **Rhino-Pflüger® Nasal Spray** three times a day for about 2-3 weeks Joe saw a huge improvement in his sleep. His nasal passages were no longer blocked at night. Headaches have reduced as well.

Joe had another diagnosis with an ENT specialist just prior to commencing nasal spray treatment.

His left nasal passage was fully closed, and fungus was living inside his sinuses. He was told his only option was invasive surgery and a scraping of the lining of sinuses with long term effects not guaranteed.

Joe has just ordered another 10 bottles of nasal spray and requested the bottles should be much bigger 😊



M. K.
Biochemic Therapist

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