

Schüssler Express

#75



SCHÜSSLER-CREAMS

The twelve Schüssler-Salts in the form of creams may also be applied externally. This administration is especially recommended for problems that show in the skin texture like rashes, burns and bruises, but also for pulled muscles or bone pain.

For the treatment of acute problems, the creams are applied every hour and for chronic conditions they are gently massaged into the affect area/s two- to three times a day. Schüssler-Creams are also beneficial in the application of compresses and poultices.

Creams should not be applied to oozing skin rashes or wounds. Here, it is best to prepare a paste from the Schüssler-Salts tablets dissolved in a little boiled, then cooled water and applied to the affected area.

No. 1 Calcium fluoride Cream

Calcium fluoride cream assists with haemorrhoids, eczema, ganglion, hardenings of the mammary glands due to inflammation, growth disturbances of finger- and toenails, skin- and nail fungus, excessive formation of horny skin, wrinkles, stretch marks, skin cracks. Furthermore, it softens and smoothens scar tissue.

In support of the administration of Calcium fluoride 12X (tablets) the cream is also used in the treatment of psoriasis and spider veins.

No. 2 Calcium phosphate Cream

Calcium phosphate cream helps with growing pains in children and teenagers, particularly in the upper- and lower thigh bones, severely itchy skin in older people, not hardened scars, eczema with whitish yellow scabs and for blister rash with clear content. In support of the use of Calcium phosphate 6X (tablets) the cream is administered in case of backaches and bone fractures.

No. 3 Ferrum phosphate Cream

Ferrum phosphate cream helps with wounds, abrasions and cuts, bruises, sprains, and insect bites.

In support of the administration of Ferrum phosphate 12X (tablets) it is used for sunburn, mild burns, inflammatory skin rashes with fever, early tendonitis and immediately after bone fractures, as it will prevent further injuries to the soft tissues.

No. 4 Potassium chloride Cream

Potassium chloride cream helps with corns, warts on hands and degenerated scar tissue in the healing of wounds.

To support the use of Potassium chloride 6X (tablets) the cream is applied in cases of chronic tendonitis, inflammation of the bursa and joints, burns, wounds with whitish grey wound surface, whitish floury skin rashes, blistery rash with viscous content and skin rashes after vaccinations.

Disclaimer – Every effort has been taken to ensure that the information provided complies with current Institute practices and knowledge at the time of going to press but should not be considered as a replacement for competent medical advice. The reader retains responsibility for whatever actions they may or may not take. The author and publisher do not assume liability for possible damage or injury resulting from the practical advice offered in the publication.

The Institute of Biochemic Medicine (Asia Pacific) is a branch of the German Association of Biochemistry, founded at Oldenburg (Germany) in 1885

www.biochemic-remedies.com.au

www.biochemie-online.org

© Copyright



Schüssler Express

#75



No. 5 Potassium phosphate Cream

Potassium phosphate cream assists nappy rash and pestilential wounds.

In support of the administration of Potassium phosphate 6X (tablets) it is used for circular hair loss, hives, skin rash with blisters whose content and scabs stink, and signs of paralysis.

The use of cream also supports medical treatments in the case of skin infections and carbuncles.

No. 6 Potassium sulphate Cream

Potassium sulphate cream helps growth disturbances of finger- and toenails, and the nose in case of chronic cold.

It supports the use of Potassium sulphate 6X (tablets) for chronic skin diseases, badly healing wounds, sticky flaky skin, and ulcerous skin rashes.

Medical treatment supports the application of this cream in cases of skin diseases such as neurodermatitis and psoriasis.

No. 7 Magnesium phosphate Cream

Magnesium phosphate creams assists itchy skin, neuritis, eyelid spasms, muscle tension and abdominal cramps.

In support of Magnesium phosphate 6X (tablets) it is also used for psoriasis.

No. 8 Sodium chloride Cream

The Sodium chloride cream assists blistery skin rashes with watery content (e.g. cold sores), blisters with watery content (e.g. blisters on the foot due to

shoes, burn blisters), white skin scales, nappy rash, and the nose in case of dry mucous membranes.

In support of the use of Sodium chloride 6X (tablets) the cream finds application for runny nose, shingles, insect bites, dry skin, dry conjunctivitis, and ulcers on lower legs.

No. 9 Sodium phosphate Cream

Sodium phosphate cream assists with corns.

In support of the use of Sodium phosphate 6X (tablets) the cream is beneficial for oily skin with excessive sebum production, injected skin pustules, facial acne, skin rashes with blisters of honey-yellowish content, rheumatic diseases (e.g. gout), cradle cap and early onset of mastitis.

No. 10 Sodium sulphate Cream

Sodium sulphate cream assists corns, chilblains after slight frostbites, soft warts, and dermatomycoses.

In support of the administration of Sodium sulphate 6X (tablets) it is indicated for oedema, varicose veins, skin rashes with blisters of suppurating content, lower leg ulcers, skin blisters with yellowish content and rashes with yellowish scales.

No. 11 Silica Cream

The Silica cream assists corns, aging skin with wrinkle formation, diseases concerning finger- and toenails, degenerated scar tissue in the wound healing, and itchy skin.

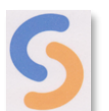
To support the use of Silica 12X (tablets), the cream is recommended for suppurative osteitis, sensitive and badly healing skin, infected purulent pustules, yellow

Disclaimer – Every effort has been taken to ensure that the information provided complies with current Institute practices and knowledge at the time of going to press but should not be considered as a replacement for competent medical advice. The reader retains responsibility for whatever actions they may or may not take. The author and publisher do not assume liability for possible damage or injury resulting from the practical advice offered in the publication.

The Institute of Biochemic Medicine (Asia Pacific) is a branch of the German Association of Biochemistry, founded at Oldenburg (Germany) in 1885

www.biochemic-remedies.com.au
www.biochemie-online.org

© Copyright



Schüssler Express

#75



suppurative skin scabs, inflamed and ulcerous sebaceous glands, furuncles, gout, and hair loss.

This cream also supports medical treatments in the case of degenerative diseases of the artrodial cartilage, e.g. hip or knee.

No. 12 Calcium sulphate Cream

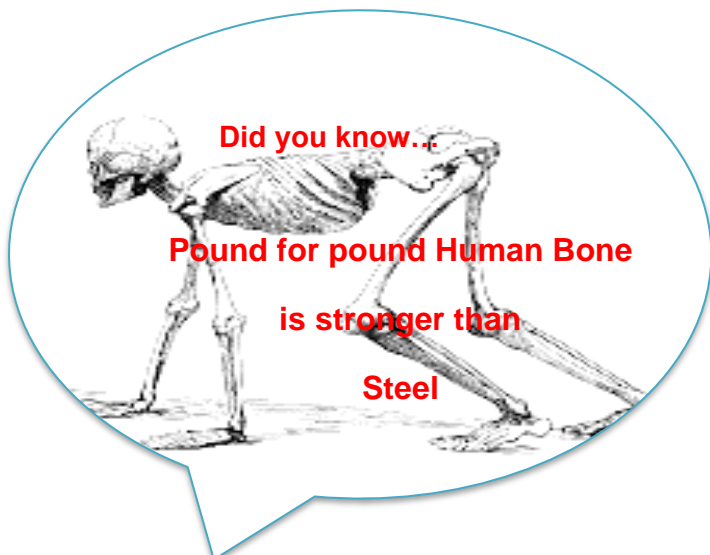
The Calcium sulphate cream helps with inflammations of the sinuses.

In support of the use of Calcium sulphate 6X (tablets) the cream is used when experiencing burning soles of the foot, inflammation of the bladder and kidneys, and anal fistulas.

Advice!

Please remember that this information cannot replace a visit to the doctor. If you experience obscure, serious health issues, please seek professional advice immediately.

*The Institute of Biochemic Medicine
(Asia – Pacific)*



Disclaimer – Every effort has been taken to ensure that the information provided complies with current Institute practices and knowledge at the time of going to press but should not be considered as a replacement for competent medical advice. The reader retains responsibility for whatever actions they may or may not take. The author and publisher do not assume liability for possible damage or injury resulting from the practical advice offered in the publication.

The Institute of Biochemic Medicine (Asia Pacific) is a branch of the German Association of Biochemistry, founded at Oldenburg (Germany) in 1885

www.biochemic-remedies.com.au
www.biochemie-online.org

© Copyright

Schüssler-Salts for Dogs

The use of Schüssler-Salts on our four-legged friends has also proven successful. Here are some tips how dogs can benefit from them:

- **No. 11 Silica 12X** - Ragged coat
- **No. 1 Calcium fluoride 12X** - Teething, and afflictions in joints, on bones and tendons
- **No. 8 Sodium chloride 6X** - Dry eyes, conjunctivitis, and also diarrhoea and vomiting

General recommended dose:

- Up to 3 tablets per day for small dogs
- Up to 6 tablets per day for medium-size dogs
- Up to 10 tablets per day for large dogs

Schüssler-Creams for the Skin

Everybody desires smooth and beautiful skin. However, reality is often different. The skin is dry and taut, a tendency to wrinkles or cellulite. Here Schüssler creams provide a remedy.

Best start with a gentle peeling to remove dead skin scales and prepare the skin for the following care. Each day apply the Schüssler cream No. 1 Calcium fluoride or No. 11 Silica, and gentle massage into the specifically affected areas. Depending on the afflictions, creams may also be applied in alternations.

For an even better effect it is recommended to administer the appropriate Schüssler-Salts No. 1 and No. 11 in form of tablets at the same time.

*The Institute of Biochemic Medicine
(Asia – Pacific)*

