

# Schüssler Express

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## HOW FAR BEHIND THE REST OF THE WORLD IS AUSTRALIA WHEN IT COMES TO HOMOEOPATHY?

There appears to be a continuing trend for the National Health and Medical Research Council to condemn Homoeopathy as a therapy that has no place in society as it simply “does not work”. The suggestion was simply that “it was not clinically effective” – and yet the facts are, that there is continuing evidence to the contrary – many products in Europe are “on the market” prescribed by Medical Practitioners having completed successfully all the normal double blind clinical tests required!

The current health minister did not accept the recommendations from a Government commissioned review that called for pharmacies to be banned from selling homoeopathic medicines – but Mr Hunt banned private health insurances from paying benefits from April 1.

I would suggest that it is in all of our interests to visit the following web site of the Homoeopathic Research Institute  
<https://www.homeopathyoz.org/homoeopathy/homoeopathy-overseas>

While every page is of interest, I would urge readers to consider the pages numbered 6 – 9 which I am sure will fully justify the heading of this article, and no doubt provoke some interesting thoughts.



Alex Sutton  
Chairman  
The Institute of Biochemic Medicine  
(Asia Pacific)

## STRONG JOINTS

### Stay agile – with Stress at Work, Sport and in Everyday Life

The following Schüssler-Salts assist in achieving and maintaining strong and flexible joints.

- **No. 4 Potassium chloride 6X**
  - The Salt for the Mucous Membranes
- **No. 8 Sodium chloride 6X**
  - The Salt for the Fluid Balance
- **No. 17 Manganum sulfuricum 6X**
  - The Salt for the Blood

#### Dosage and Administration:

- Take 6 tablets of each during the day
- Tablets to be dissolved in the mouth

#### Tip:

- **No. 11 Silica – Cream**
  - The Salt for the Connective Tissue and Joints  
When needed simply apply cream to the affected area/s.

*Institute of Biochemic Medicine (Asia Pacific)*

## ALCOHOL IN HOMOEOPATHIC MEDICINE

Which alcohol is used in homeopathic medicine?  
How much alcohol is found in homeopathic medicines?  
**Mother tinctures** contain alcohol, as do the orally administered drops prepared in an alcohol solution.  
**One hundred drops** of 65 percent mother tincture contain **1.026 grams** of **pure ethanol**. In comparison, one glass of 12 percent **wine** contains 9.5 grams of **pure ethanol**.

**Disclaimer** – Every effort has been taken to ensure that the information provided complies with current Institute practices and knowledge at the time of going to press but should not be considered as a replacement for competent medical advice. The reader retains responsibility for whatever actions they may or may not take. The author and publisher do not assume liability for possible damage or injury resulting from the practical advice offered in the publication.

The Institute of Biochemic Medicine (Asia Pacific) is a branch of the German Association of Biochemistry, founded at Oldenburg (Germany) in 1885

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## SPECIAL ADVICE FOR DIABETICS

**D**iabetics who take tissue salts according to Dr med W.H. Schüssler have to consider the lactose in which the minerals are worked into.

Diabetics are in urgent need of minerals as the disease puts great stress on their body. Experience shows that the minerals strengthen resilience, resulting in fewer illnesses, a reduction of metabolic problems, and the sugar balance may also improve or stabilise.

However, one must not be so naïve and believe that a severe illness such as diabetes could be cured just like that with the minerals according to Dr Schüssler. But, a positive influence on the course of disease is already of value. And sometimes the prevention of deterioration is all that can be achieved, and that is also of significance.

*In order to avoid the lactose water is poured into a glass first before adding the minerals, without stirring. The active agents are automatically released into the water and can then be taken unopposed. In no case should the solution be stirred anymore. The lactose settles at the bottom of glass (white residue). In extreme cases the water can be poured off from the milk sugar to avoid all possibility of consuming lactose during administration.*

### DIABETES AND SCHÜSSLER MINERALS

DHU mineral tablets (*in accordance with Schüssler's formulation*) contain as follows:

**1 tablet = 0.021 BU (bread units)**

**48 tablets = 1 BU**

BU is the amount of a foodstuff containing carbohydrates, in which there are 10 – 12 g of available carbohydrates

**1 BU = 12 g carbohydrates**

## BIOCHEMICALLY SUPPORTED TREATMENT FOR DIABETES

**A**longside medical treatment the following Schüssler-Salts should be considered:

Generally, **No. 9 Sodium phosphate 6X** (metabolic remedy), **No. 10 Sodium sulphate 6X** (the diabetes remedy, already prescribed by Dr Schüssler) and **No. 21 Zincum chloratum 6X** (zinc naturally occurs in the pancreas).

For diabetes with neuralgia (diabetic neuropathy) additionally the nerve affecting salts **No. 5 Potassium phosphate 6X** and **No. 13 Kalium arsenicosum 6X**.

Supportive of diabetes Type I: **No. 18 Calcium sulfuratum 6X**.

In case of diabetes with circulatory disorders: **No. 7 Magnesium phosphate 6X**.

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(Asia Pacific)*

### The Clinical Science of Biochemic Therapy (Dr med W.H. Schüssler) - Diploma Course - Incorporating Facial Diagnostics

#### SEMINARS 2019

5 <sup>th</sup> – 8 <sup>th</sup> April 2019	Perth / WA
3 <sup>rd</sup> – 6 <sup>th</sup> May 2019	Chewton / VIC
10 <sup>th</sup> – 13 <sup>th</sup> May 2019	Trafalgar / VIC
24 <sup>th</sup> – 27 <sup>th</sup> May 2019	Blue Mountains / NSW
7 <sup>th</sup> – 10 <sup>th</sup> June 2019	Ashgrove / QLD
21 <sup>st</sup> – 24 <sup>th</sup> June 2019	Canberra / ACT

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