

## Biochemie Pflüger® Creme No.5 – No.12 at a glance

### **Cream No. 5** **Kalium phosphate** *For strengthening of muscles and nerves*

The cream No. 5 may assist with the following complaints:

- Nettle rash
- Muscle weakness (e.g. after sports)
- Circular hair loss
- Muscle cramps due to weakness or followed by weakness
- Writer's spasms
- Neuralgia
- Over exertion of calf muscles

### **Cream No. 6** **Kalium sulphate** *For chronic afflictions*

The cream No. 6 may assist with the following complaints:

- Bad skin and acne
- Chronic sinusitis
- Chronic skin diseases
- General skin care
- Dry and tight skin that burns
- Flaky skin with itch
- Chronic arthritis (in support of medical treatment)

### **Cream No. 7** **Magnesium phosphate** *For cramps and pains*

The cream No. 7 may assist with the following complaints:

- Neuralgia
- Searing, nagging, firing, piercing and convulsive pains
- Nightly occurring pains in arms with tingling sensation
- Face- and headaches (ascending from the neck)
- Nervous trembling of limbs
- Muscle pains due to tension
- Pruritus

### **Cream No. 8** **Natrium chloride** *For regulation of skin moisture*

The cream No. 8 may assist with the following complaints:

- Swellings of the skin
- Dry skin
- Complaints linked to burning (biting lacrimation or nasal secretion)
- Skin rashes with blisters (clear watery content)
- Cracked and dry lips
- Acne and stubborn blackheads
- Skin rashes with increased sebaceous secretion
- Insect bites with harmless swellings and itching

### **Cream No. 9** **Natrium phosphate** *For oily skin*

The cream No. 9 may assist with the following complaints:

- Greasy and bad skin
- Acne with honey-yellow pustules
- Corns
- Gout problems
- Infantile eczema

### **Cream No. 10** **Natrium sulphate** *For dehydration*

The cream No. 10 may assist with the following complaints:

- Oedema (e.g. in legs and feet)
- Full feeling after a meal (apply to the belly)
- Stomach aches with bitter taste (apply cream poultice to lower and central abdomen)
- Rosacea
- Weeping eczema
- Inflammation of the scalp
- Blisters with yellowish-watery content
- Skin rashes with scab formation (yellowish, greenish)

### **Cream No. 11** **Silica** *For beautiful skin and healthy joints*

The cream No. 11 may assist with the following complaints:

- Harmless, small skin ulcerations, such as acne pustules
- Limp, thin and wrinkly skin
- Brittle and badly growing finger- and toenails
- Stubborn corns
- Infected paronychia
- Arthrosis (in support of medical treatment)
- Rough and sensitive skin
- Excessive perspiration of the feet

### **Cream No. 12** **Calcium sulphate** *For ulcerous inflammations*

The cream No. 12 may assist with the following complaints:

- Chronic rheumatic joint diseases
- Ulcerous inflammations of the skin, such as severe acne
- Chronic inflamed sinuses
- Chronically festering bronchitis (apply to the chest)

## Biochemie Pflüger® Creme No.1 – No.4 at a glance

**Cream No. 4  
Kalium chloride**  
*For skin irritations*

The cream No. 4 may assist with the following complaints:

- Skin rashes with pale, whitish and hard scabs, and appositions (if dusted with flour)
- Skin diseases with blister formation
- Soft corns
- Soft warts
- Sinusitis (apply to forehead and cheeks)
- Tendinitis

**Cream No. 3  
Ferrum phosphate**  
*For lacerations*

The cream No. 3 may assist with the following complaints:

- Cuts
- Contusions
- Sprains, bruises
- Insect bites
- Sun burn
- Chapped-sore lips
- Cold hands and feet

**Cream No. 2  
Calcium phosphate**  
*For ligaments and bones*

The cream No. 2 may assist with the following complaints:

- Growing pains in children
- After bone fractures (in support of medical treatment)
- Pain in older bone fracture areas.
- Chronic skin rashes with whitish-yellow scabs
- Partial perspiration, e.g. on the neck

**Cream No. 1  
Calcium fluoride**  
*For firmness and elasticity*

The cream No. 1 may assist with the following complaints:

- Callused scars
- Growth disturbance of finger- and toe nails
- Wrinkles and stretch marks
- Callus on hands and feet
- Cracked and chapped skin
- Hard warts
- Spider veins
- Weak ligaments and tendons

All applications of creams should be conservative, with gentle massage into the skin.

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The Institute of Biochemic Medicine (Asia Pacific)  
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## THE 12 SCHÜSSLER-CREAMS

*How they may assist your Health*