

Schüssler Express

#6



TISSUE SALTS AND FLOWER ESSENCES

Flower essences such as Dr. Bach's have become extremely popular. We are frequently asked whether the Biochemic Tissue Salts may be used along with flower essences; we work with the Healing Herbs that correspond to the Bach Flowers, the California Flower Essence, and the tissue salts, and have never found them incompatible - indeed, parallel application of tissue salts and flower essences amounts to a holistic treatment. Tissue salts are directed at the physical and psycho-spiritual levels, the flower

essences help especially in the psycho-spiritual and emotional areas. In the human being the physical and psycho-spiritual levels cannot really be separated; and when deciding on a treatment for the whole person, it is particularly important to take all of the individual's nature into consideration. Tissue salts and flower essences, therefore, not only complement each other superbly, but their joint use may even, under some circumstances be necessary.

Richard Kellenberger, Friedrich Kopsche

BURPING

Some indications for mineral use when burping occurs

- **Bitter Taste** No. 10 Sodium sulphate
- Dietary adjustment
- **Sour Taste** No. 9 Sodium phosphate
- **With Gas** No. 6 Potassium sulphate &
 No. 7 Magnesium phosphate
- **Burning in the oesophagus**
 No. 2 Calcium phosphate
- **Loud** No. 11 Silica
- **With undigested food**
 No. 3 Ferrum phosphate

BIOCHEMIC TIP No.6

A treatment for Arthrosis

The arthrosis treatment recommends three Schüssler-Salts in daily alternation – 1 tablet several times a day (dissolve tablet in the mouth)

No.1 Calcium fluoride 12X provides connective and supporting tissue with both firmness and elasticity. In addition the Schüssler cream No.1 can be applied externally to the affected joints.

No.11 Silica 12X has a special relationship to the bone metabolism. The connective tissue demands Silica, it is involved in the structure of skin, hair, nails and bones.

No.17 Magnesium sulphate 6X is one of the supplementary remedies. Among other things it has proven beneficial in case of anaemia and rheumatic afflictions.

Peter Emmrich

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NOTES FROM VARIOUS PRACTICES, FROM THE PRIVATE COLLECTION OF DR. M. DOCETTI WALKER MD

In the last issue we made reference to the inclusion of "Practice Notes" from M. Docetti Walker MD, the official translator of the Schüssler publication "A shortcut Therapy". You will find that they are most interesting and appropriate for today, fulfilling success without referring to Drugs which of course was not a predominant feature of medicine, until the early 1900's. The notes are not only those of Dr. Walker but of other prominent Medical Practitioners of the day – worldwide – *The notes are copied verbatim*

In the case of a poor orphan girl fourteen years old, Silica saved her having her foot amputated. She had been under treatment a long time for bone disease. Her medical man saw no alternative, as the evil only grew worse, to make arrangements with the infirmary surgeon to have it taken off. This was agreed on, six days before removing her. Her friends were greatly distressed, and applied for the NEW remedies. Silica – a dose every hour, was steadily taken and lotion on lint externally applied. On the fifth day the ankle bone and surrounding tissues presented such a healthy appearance that all cause for amputation was removed. She continued the treatment for a short time longer, and her case was pronounced perfectly cured. * two tablets.*

A young lady of seventeen, M.M. consulted me on account of an obstinate acrid leucorrhoea. I tried the whole series of remedies indicated for such cases. All

were without effect, so that I could not but wonder at the patience and perseverance of the patient who I saw once a week. In this case Dr. Schüssler again helped me out of the dilemma. Potassium chloride effected a quick and permanent cure. Dr. S.

COMPRESSES

Compresses with water-dissolved tissue salts or creams are possible - the temperature and choice of remedy are adapted to the preference of the individual and of course the symptoms. Compresses can be helpful in areas of pain or in reflex zones.

Face Compress

The tissue salt creams can be used quite effectively as beauty aids. Sodium Chloride cream for example, can be used with dry skin. The absorption of the tissue salt through the skin can be supported by a hot facial compress. The experience can be a relaxing one at the same time if one allows oneself some quiet time. In the same manner, the corresponding creams can be selected for different skin characteristics.

To be continued

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