

Schüssler Express

1 8



Ferrum phosphate – An effective remedy not only for colds

Fields of application and Facial signs

Ferrum phosphate is composed of iron and phosphorus; hence it is also called Iron phosphate. The biochemic remedy No. 3 Ferrum phosphate 12X is the most important functional remedy for colds in general, but especially during the cold and wet season. The following indications refer to Ferrum phosphate:

Antipyretic and Infection protection

For fever up to 38.5°C it is recommended to take one tablet every five to ten minutes – always dissolve tablets in the mouth. Ferrum phosphate provides a secure protection for infections. When taking two tablets before leaving home in the morning and again on the way to work for instance, an excellent protection against infectious diseases, e.g. colds caused by viruses or bacteria, can be achieved.

Remedy for inflammations, aches, muscles and injuries

All inflammations in the initial stages, as well as pains that get worse with pressure, movement and touch, require Ferrum phosphate. The No. 3 Ferrum phosphate 12X assists the musculature in the following ailments:

- Pulled muscles
- Stiffness (muscle aches)
- Muscular rheumatism
- Weakness of the heart muscle
- Weakness of the eyelid
- Weakness of the sphincter muscle
- Muscle support during sports

Disclaimer – Every effort has been taken to ensure that the information provided complies with current Institute practices and knowledge at the time of going to press, but should not be considered as a replacement for competent medical advice. The reader retains responsibility for whatever actions they may or may not take. The author and publisher do not assume liability for possible damage or injury resulting from the practical advice offered in the publication.

The Institute of Biochemic Medicine (Asia Pacific) is a branch of the German Association of Biochemistry, founded at Oldenburg (Germany) in 1885

www.biochemic-remedies.com.au
www.biochemie-online.org

© Copyright

When injured, No. 3 Ferrum phosphate 12X especially helps fresh wounds, e.g. bleedings, and also bruises.

Facial diagnosis

The following facial signs indicate a Ferrum phosphate deficiency:

- Dark shadows in the corners of the eye/nose
- Feverish redness of the cheeks, ears and forehead
- Secretions: bleedings
- The tongue is unspecific; a clear tongue also fits the signs of Ferrum phosphate.

Further characteristics

- Ailments improve through coldness and rest; they worsen through warmth and exercise.

Institute of Biochemic Medicine (Asia Pacific)

MAY ELEMENTS FOR LIFE
MAY ELEMENTS FOR LIFE



Schüssler Express

1 8



From the Practice...

“Scrotal tongue”

A patient presented at my clinic seeking assistance with Rosacea – Her GP had prescribed her medication for this issue, however the only result was damage to her right eye, which she was advised was permanent.

I carried out a complete evaluation including facial diagnosis, and noticed when looking at her tongue that it appeared “cracked – cut” all over; the typical Sodium chloride deficiency signs. She told me that the medical practitioner had described these signs as a *Scrotal Tongue* for which there was no treatment. The condition restricted her socially somewhat, as the foods she could consume were becoming limited as many of them aggravated the tongue causing pain.

Initial treatment was No. 2 Calcium phosphate 6X, No. 6 Potassium sulphate 6X, No. 10 Sodium sulphate 6X and No. 11 Silica 12X. On the second visit we replaced the mineral Sodium Sulphate with Sodium Chloride; Calcium phosphate, Potassium sulphate, and Silica remained in the prescription.

On the third visit we decided to continue with the current treatment in view of the fact that the red Rosacea spots, the red-rimmed eyes were almost resolved and the tongue was clear except for a few small minute “cracks” near the tip of the tongue.

A case of “Urticaria”

My patient had been working in the garden but suddenly broke out in a “nettle-like rash” on her arms. The application of different ointments was unsuccessful, and the rash and itching intensified.

However when recommended to administer No. 2 Calcium phosphate ointment, relief was found within a few minutes with subsequent improvement of the skin. Additionally the administration of No. 9 Sodium phosphate 6X tablets brought further relief to the itching and the issue was resolved in a few days.

Patient presented with “Spurs”

Bone spurs are bony projections that develop along the edges of bones. Bone spurs (osteophytes) often form where bones meet each other — in your joints. They can also form on the bones of your spine. The main cause of **bone spurs** is the joint damage associated with osteoarthritis.

Patient was successfully treated over a period of 2 months using No. 2 Calcium phosphate 6X – 2 tablets meals and No. 1 Calcium fluoride 12X – 2 tablets after meals. Initially, No. 3 Ferrum phosphate 12X was introduced in addition to the above remedies in respect of the inflammation and pain.

A. Sutton

WAY TO GOOD HEALTH

MAGAZINE FOR THE BIOCHEMIC FRIENDS AND THE HEALTH CONSCIOUS FAMILY

www.biochemic-remedies.com.au

www.biochemic-remedies.co.uk

Disclaimer – Every effort has been taken to ensure that the information provided complies with current Institute practices and knowledge at the time of going to press, but should not be considered as a replacement for competent medical advice. The reader retains responsibility for whatever actions they may or may not take. The author and publisher do not assume liability for possible damage or injury resulting from the practical advice offered in the publication.

The Institute of Biochemic Medicine (Asia Pacific) is a branch of the German Association of Biochemistry, founded at Oldenburg (Germany) in 1885

www.biochemic-remedies.com.au

www.biochemie-online.org

© Copyright

