

Schüssler Express

#69



THE BRAIN – IN RHYTHM WITH SCHÜSSLER-SALTS

Dementia: Topic of the 21st century

What exactly is Dementia?

In old Latin, dementia meant 'without mind', and the prefix 'de' receding, reducing. Our brain activity, which navigates us safely through everyday life, gets out of step with dementia. At first, it's the short-term memory that weakens. The intellectual capacity reduces. We make mistakes more frequently; make wrong decisions, etc. Sigmund Freud referred to parapraxis, e.g. slips of the tongue. Motor function is also impaired or delayed – more often we miss a step, make a wrong grip.

A more frequent occurrence of such coincidences should make us alert! No reason to worry if a mishap occurs occasionally. However, it is certain that advancing age plays an important part in brain diseases - wear and tear are also a cause. Age has its price. Whereas young people can effortlessly handle things, for example new technology, noise, stress, social frostiness and rudeness, older people are seldom able to do this. It mainly affects sensitive, delicate people and those who aspire after justice and the truth.

Please note: Dementia is the loss of acquired, originally intact abilities that now lessen; not to be mixed up with inherited intellectual impairment (idiocy, schizophrenia, endogenous psychosis) which is something completely different.

Daily Biochemical needs of our Brain

It is essential to rehabilitate the brain with **No. 7 Magnesium phosphate 6X** each day. Often the 'Hot Seven' (10 tablets dissolved in hot water) before sleep is not enough. The more stressed a person feels the more often they should dissolve a tablet in the mouth during the day – for stress prevention and relaxation. It does not make one tired, it makes one alert.

The gradually strained nerves, recognisable in aggression, irritability and intolerance of noise demand lecithin, the biochemic remedy **No. 5 Potassium phosphate 6X** – even a healthy person needs it regularly. A lack of potassium causes fatigue of the entire organism. The recommendation is one tablet before each meal (= 3 times daily). Also beneficial for restless infants who frequently cry and scream. Here, tablet can be dissolved in the bottle or mush, and you soon won't recognise your little cry-baby.

Who thinks biochemistry is humbug will soon be disabused when also experimenting on cats and dogs? Animals are not stupid, like some – sadly – believe; instead they are rather very intelligent and know exactly what is good for them.

Institute of Biochemic Medicine (Asia – Pacific)

The Clinical Science of Biochemic Therapy

Dr (med) W.H. Schüssler
<<Diploma>>

www.biochemic-remedies.com.au

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Biochemic Prevention and Non-medical Support for Alzheimer disease

Alzheimer's mostly occurs between the 5th and 6th decade of life and is a progressive disease with atrophy and cell decay of the cerebral cortex. The development of dementia can take months or years. Dementia is a generic term for the loss of accomplished intellectual capabilities. It predominantly affects the mind (weakness of memory, thought disorder, sensory disorders and amnesic aphasia). During time a slow progressive change of personality can be observed, due to the brain damage. Increased disorientation, speech- and action disorders are further signs. The cause is anticipated to be a reduction of certain receptors in the brain (nicotine receptors) – they are responsible for 'docking' of the messenger 'acetylcholine'. Tests have shown that emotionally disturbed people, who are being treated with lithium preparations, have a less chance of developing Alzheimer's. Scientists believe that this salt can slow down the progress of degenerative brain disorders. Apart from the supplementary remedy No. 16 Lithium chloratum 6X, a lithium-rich mineral water would be another option.

Recommended Schüssler-Salts

- **No. 16 Lithium chloratum 6X** – for sensory- and coordination disorders
- **No. 20 Kalium Aluminium sulfuricum 6X** – for atrophy
- **No. 1 Calcium fluoride 12X** – for hardenings and progressive changes of tissue
- **No. 11 Silica 12X** – generally for age-related diseases

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MEMO

Drug Interactions

A few medications which may interact with Apple Cider Vinegar:

- Diabetes medication: People who take insulin or insulin-stimulating medications and vinegar may experience dangerously low blood sugar- or potassium levels.
- Digoxin (Lanoxin): This medication lowers blood potassium levels. Taking it in combination with apple cider vinegar could lower potassium too much.
- Certain diuretic drugs: Some diuretic medications cause the body to excrete potassium. To prevent potassium levels from dropping too low, these drugs shouldn't be consumed with large amounts of apple cider vinegar.

Did you know

If you take daily supplements of vitamins, beware. High doses of certain Vitamin supplements have been reported to harm kidneys.

A review by the Society of Nephrology pinpoints the main culprits: Cranberry, Willow bark, Wormwood oil, Licorice, Geranium, and Vitamin C.

In particular, high doses of vitamin C and cranberry increase the risk of kidney stones. If you have a pre-existing condition, such as diabetes or an auto-immune disorder, consult your doctor before taking supplementary vitamins. Even natural supplement like turmeric will hurt your kidneys if combined with certain medications.

High doses of vitamin C* may cause gastrointestinal effects – diarrhoea, flatulence.

*RDI (recommended daily intake) is 30-40 mg – typical diet provides 65-160 mg

