

Schüssler Express

#25



Notes from a "Shortcut Therapy" (Dr. Schüssler)

LOW HAEMOGLOBIN

In the case of blood where haemoglobin is considered "low" an effective treatment is the use of No. 2 Calcium phosphate 6X and No. 7 Magnesium phosphate 6X. Administer TWO tablets of No.2 before each meal and TWO tablets of No.7 after each meal; and half an hour before sleep administer FIVE magnesium phosphate and TWO calcium phosphate tablets as a "Hot Seven". In this case both minerals may be dissolved together in a suitable container and sipped slowly.



CITRATE AS A CARRIER

The debate continues regarding the use of citrates as a means of ION bonding – i.e. (*magnesium citrate etc*). Yes citrates do enhance absorption, of this there is no question...but...

The fact remains that no matter the compound, if there is a citrate molecule used the following is the result:

"Citrate containing compounds augment absorption of aluminium from food and tap water, causing aluminium accumulation in bone and brain despite normal renal function. Citrate also enhances lead absorption in animals. During calcium citrate therapy, urinary aluminium excretion and plasma aluminium level increase significantly. Treatment with calcium citrate for example significantly increases absorption of aluminium from dietary sources"

South MedJ 1994sep;87(9):894-8- Aluminum and lead absorption from dietary sources in women ingesting calcium citrate – Nolan CR, DeGoes JJ, Alfrey AC.

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TALES FROM THE CLINIC

First of all let me tell you a story about one of my clients: A 57 year old female who I have been treating for stomach ulcers with, as per your suggestions, No. 3 + 4 plus No. 9, & No. 11. She has been taking this since beginning of December. Yesterday she came for the follow up and told me that her stomach is so much better but she would like to tell me a story that started 30 years ago: She visited more than 6 different dentists because one of her teeth posed a considerable problem with much pain... but none of the dentists could find anything wrong despite the use of x-rays! She lived with the situation until about 2 weeks ago when this particular tooth "disintegrated" and on visiting the dentist whereupon he removed the remainder of the tooth, "discovered" an encapsulated abscess hanging off the root. "SILICA certainly did a good job – didn't it"? I need not tell you how my patient felt and needless to say: I love tissue salts they have helped so many of my clients already.

V.E. (WA)

THERAPEUTIC GOODS ADMINISTRATION INFORMATION

Practitioners should regularly update themselves with information from **TGA** - invaluable information at your fingertips. E.g. did you know that:

Penalties including terms of imprisonment and fines of up to \$180,000 for an individual and \$900,000 for a corporation apply to the illegal importation and/or supply of unapproved therapeutic goods.

4-Day Seminar

The Clinical Science of Biochemic Therapy (Diploma course)
-incorporating Facial Diagnostics-

When: May 27 – 30, 2016

Where: Western Australia

Contact: admin@biochemic-remedies.com.au
www.biochemic-remedies.com.au



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Protect the Organism from inside

Schüssler-Salts boost Structure and Renewal

The body consists of 100 billion cells – 1 million new cells are formed every hour. Cells in the intestinal mucosa completely renew in one and a half days; the skin however requires five weeks for this process. Round the clock the organism is busy in keeping its smallest components operative so that they again are able to fulfil their duties. This includes the successful defence of constant attacks, e.g. by millions of pathogens or UV radiation, etc. Various treatments with Schüssler-Salts are able to contribute to an adequate protection of the organism.

Treatment #1 – Body cleansing with No. 5 + 9 + 10

The detox treatment – also called adiposity-cure – stimulates the degeneration of contaminants but also facilitates healthy dieting. This course of treatment combines the Schüssler-Salts No. 5 Kalium phosphate 6X, No. 9 Sodium phosphate 6X and No. 10 Sodium sulphate 6X.

- **Before breakfast** – No. 5 Kalium phosphate 6X
- **Before lunch** – No. 10 Sodium sulphate 6X
- **Before dinner** – No. 9 Sodium phosphate 6X

Dosage and Administration: dissolve 5 tablets of the respective mineral in hot water and sip slowly.

Duration: Generally four weeks

With invigorated energy you will be able to face new challenges.

Treatment #2 – Fitness with No. 3 + 5 + 7

The fitness treatment mobilises energy reserves and stimulates the immune system. This cure can be applied following the detox treatment. The minerals No. 3 Ferrum phosphate 12X, No. 5 Kalium phosphate

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6X and No. 7 Magnesium phosphate 6X assist to face stress, exhaustion and nervousness. It provides strength and allows coping with everyday challenges.

- **Morning** – No. 5 Kalium phosphate 6X
- **Noon** – No. 3 Ferrum phosphate 12X
- **Night** – No. 7 Magnesium phosphate 6X

Dosage and Administration: Dissolve 5 tablets of the respective mineral in hot water and sip slowly.

Duration: Can be applied for three weeks

Treatment #3 – Regeneration with No. 3 + 9 + 10

Following an eventful time, e.g. summer, the regeneration cure gives the cells a chance to completely restore their function. The recommended Schüssler-Salts improve the oxygen absorption of the red blood cells, stimulate metabolic processes and enhance excretion of contaminants.

- **Mid-morning** – No. 10 Sodium sulphate 6X
- **Noon** – No. 3 Ferrum phosphate 12X
- **Evening** – No. 9 Sodium phosphate 6X

Dosage and Administration: Dissolve 5 tablets of the respective mineral in hot water and sip slowly.

Duration: Follow regime for four weeks

This course of treatment enhances motivation and disperses tiredness

Well shielded – Schüssler-Salts strengthen organs and immune system and thus protect the body from inside.

Günther H. Heepen
German Association of Biochemistry (BBD)

